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Photographer credit on photos:

eblex

PK = Peter Kirk

BV = Bruce Viaene

GUIDING YOUR SUPPORT THROUGH THE TRANS BAVIAANS,

Welcome to the 20th edition of the Trans Baviaans 24hr Mountain Bike Marathon. Since our first race in 2004, supporters have been an integral part of the event and as such you are a vital role in your team's success. The role you will play as the riders conquer the 230-kilometre route from Willowmore to Jefferys Bay is part of what makes this such an extraordinary event.

Looking back to our first race, we allowed supporters to travel through the Baviaanskloof to support the entire event. Over the years, when the race grew in popularity this became an unfeasible solution. The train of vehicles kicked up dust and detracted from the riding experience. In the interests of rider safety, we therefore no longer allow support crews to travel through the kloof. Perhaps this actually made supporting a team easier, because the proportion of teams with supporters have grown since then, as the daunting 4x4 drive through the Baviaanskloof Reserve perhaps put people off. In fact, we now have to limit the number of people, to just official supporters, at the final two check points, so popular has supporting become.

We are well aware that it not only takes commitment to ride the Trans Baviaans but equally to support a team at the Race or Repeat. You have no doubt spent countless hours, pre-race, supporting long training rides, discussing race strategy, or standing in when a partner sacrifices family time over the weekend to get those hours in the saddle. Most often than not, you re the most organized one in the team – you make sure your riders get what they need before and during the race.

We see you. We appreciate you. We thank you. You give meaning to the phrase 'team spirit'.

Your cooperation during the event is appreciated not just by your team but all riders and the organisers. Enjoy the event, the highs and lows your riders will go through, the stunning drive through the Langkloof (remember to stop in at the Joubertinia and/or Kareedouw Kerk Basaar), and familiarise yourself with your team's pacing plan to ensure you don't wait too long at the check points.

See you in Willowmore!

Race Director,

Wikus Van Der Walt and family



EVENT PROGRAMME

₹)	*		@				
FRIDAY							
12:00	Registration Opens	Containers for all Checkpoints to be handed in during Registration	Town Hall, Knysna (main) Street, Willowmore				
17:00	Pasta meal opens		NG Kerk, Grey Street, Willowmore				
18:00	Race Briefing Route update Support Briefing*		NG Kerk, Grey Street, Willowmore				
20:00	Registration Closes	Departure of container trucks to all checkpoints	Town Hall, Knysna (main) Street, Willowmore				
*we encourage Supporters to attend the Support briefing							
SATURD	AY						
09:00	Start Check-in Opens		Town Hall, Knysna (main) Street, Willowmore				
10:00	Race START	Seeded (Elite) riders at the front of start chute	Town Hall, Knysna (main) Street, Willowmore				
SUNDAY							
02:00	Halfway Race Cut-off		Checkpoint #4, Bergplaas				
08:00	Container contents collection opens		Finish area, Mentors Country Estate, Jeffreys Bay				
08:00- 10:00	Breakfast	Pre-ordered at MentorsCountry Mentors Country Estate, Jeffreys Bay					
10:00	Race Cut-off	Event support withdrawal	Finish line, Mentors Country Estate, Jeffreys Bay				
10:00	Prize Giving		Finish line, Mentors Country Estate, Jeffreys Bay				
	Container	Any contents left will be donated	Finish area, Mentors Country Estate,				

SUPPORTERS COMMITMENT

Supporters are a crucial part of this event and the decision to be a Supporter should not be made lightly.

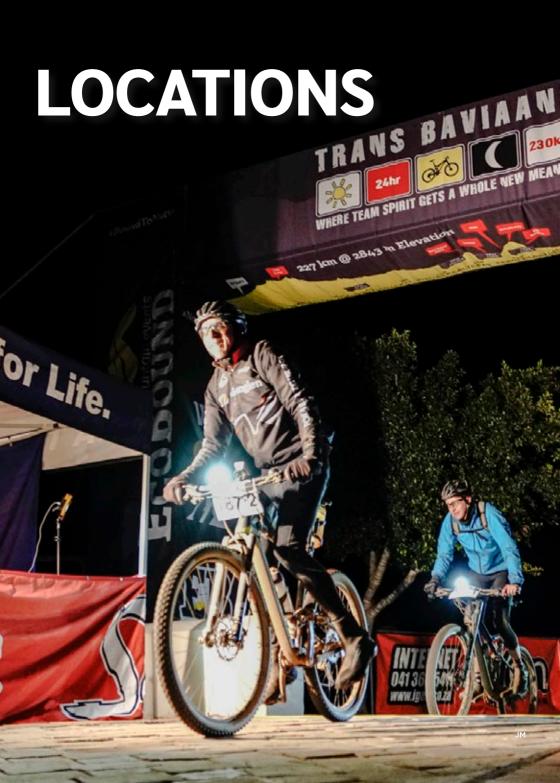
To participate in the Trans Baviaans 24hr mountain bike marathon as a supporter, I acknowledge and understand that:

A Support is NOT a spectator. Ony riders registered for support are able to receive support in designated areas at specific checkpoints. If I make the decision to be a Supporter, I make the decision to support my team, this event, any rider that might require it and and I will adhere to the rules of this event. This means that I may need to assist with certain functions and requirements e.g. Transport Cyclist that have withdrawn from the event, from Checkpoint #5 to the Finish. In short; It will be required that I not only support my riders, but any that need it.

As a supporter I will take the time to understand the rules and information provided. Supporters neglecting their rules, may result in penalties / disqualification of their rider. Riders are allowed to lodge a complaint against support not obeying the rules or acting in an unsafe and inconsiderate way towards the riders. This can be reported at a checkpoint and finish.

Referencing to 'you' in this guide represents 'supporter'.





LOCATIONS

WILLOWMORE - THE START VENUE

Willowmore (\pm 700 m above sea level) is a karoo town situated in the Eastern Cape. The town is considered the western gateway to the Baviaanskloof and is filled with historical architecture. This charming 'dorpie' is the perfect host for the start of Trans Baviaans 24hr mountain bike marathon and the event activities like race registration and event expo.

The start line of the Trans Baviaans 24hr mountain bike marathon is on the doorstep of the historical Town Hall, in the main street (Knysna Street). Built around 1896, it's a symmetrical Victorian building with a clock tower in the centre.

Recently been announced as the Eastern Cape's 'Dorp van die Jaar 2023' (town of the year) by Afrikaans TV programme, Kwela, it presents more reason to spend some time wandering the streets - many of the lovely old buildings beg to be photographed.

Make sure to enjoy some of the fresh local cuisine, homemade bakes, coffee or beer at one of the charming coffeeshops, farm stalls and restaurants. Be sure to look out for the flower-festooned Willow Limo donkey cart that's usually parked on the main road.

IMPORTANT PLACES (Map on next page)						
A	TOWN HALL: Race Registration & Start	С	NG Church:	Race briefing, Supporter briefing and Pasta meal		
В	SHOW GROUNDS: Tent Village, Breakfast meal	D	HOSPITAL:	Just in case.We are sure you won't need it.		

USEFUL PLACES					
01	KAPOET Restaurant & Coffee Shop 082 550 6830	02	WILLOWMORE SCHOOL Hostel Acc. 044 923 2284		
03	Royal Hotel Accommodation 044 923 1225		ENGEN 24hr Fuel Station & Workshop 044 923 1007		
05	Lou's Place Restaurant 082 770 5994	06	Belly Deli Restaurant 044 923 1070		
07	The Willow Limo Donkey Cart Taxi 083 420 5434	08	Nella's Baking & Coffee Shop 072 628 0914		
09	Savemor Supermarket 044 923 1027	10	Saverite Supermarket 044 923 1605		
11	POLICE 044 923 8100	12	The Cozy Shed Gift Shop 082 371 3765		
13	FIRE CONTROL 078 002 0450	14	The Willow Historical Guesthouse 044 923 1574		

LOCATIONS



LOCATIONS



The word Baviaanskloof means 'valley of baboons' and it's an integral part of the Cape Floral Region which is a UNESCO World Heritage Site and includes seven of South Africa's eight biomes – Fynbos, Forest, Grassland, Succulent Karoo, Nama-Karoo, Subtropical Thicket, and Savannah. It's a wild and rugged place that seems largely untouched by man – and all the more appealing because of it. The unspoiled scenic route, built in the 1880s by ingenious road engineer Thomas Bain, is the perfect way to experience one of South Africa's remotest wilderness areas with some 48 mammal, 300 bird and 1700 plant species; no wonder it's one of the world's 34 biodiversity hotspots.

The majority of the cyclist route (not the supporters route) is in the Baviaanskloof and hemmed in by the Kouga and Baviaanskloof mountain ranges running in parallel between east and west, both ranges a part of the Cape Fold Mountains. It is a changing landscape, from karoo to dense green forests, where the gravel road drops from steep mountains to the valley floor and then climbs back up again, over and over. Though strenuous and challenging, nowhere else will you experiences these views of unspoilt landscapes and valleys. There are more than 40 river crossings, some up to 400m long, over low causeways that add to the excitement and splendour of the race. The Baviaanskloof is divided into three parts: the western section, wilderness area, eastern section.

Since 2002, there's also the wider Baviaanskloof Mega-Reserve, which combines the Wilderness Area with a network of private and communal land. A Mega-Reserve is a largely pristine habitat big enough to encourage all the ecological processes needed to maintain biodiversity in the long term. The Baviaanskloof Mega-Reserve is managed in co-operation with conservation authorities and should eventually reach 500 000ha.





Find the Baviaanskloof by searching



The race finishes in the town of Jeffreys Bay (Afrikaans: Jeffreysbaai, nicknamed J-bay), the surfing capital of South Africa. This bustling town is bordered on both sides by nature reserves and rivers - the Kabeljous and Seekoei estuaries and withing J-bay, the Noorsekloof nature reserve. Many flock here for the waves, sunshine, aloes, dolphins, shells, classic reefs, wide variety of local craft and surf shops on just about every corner. Take some time to soak up the sunshine and enjoy the relaxed atmosphere on this vibey town.

Mentors Country Estate is a beautiful venue, the only one of its size for km's, offers a range of exquisite settings that is perfect for the Finish Venue of the Trans Baviaans 24hr mountain bike marathon.





Waze Mentors Country Estate, Cnr N2 and St Francis Drive, Jeffreys Bay

RACE DETAILS





Race Guide for Riders

All the information required for supporting during the race is provided in this guide.

Allow enough time to familiarise yourself with the info before race start. For a better understanding of the race we encourage you to read the Race Details as outlined in the Race Guide for riders.

REGISTRATION

Registration opens on Friday from 12:00 at the Willowmore Townhall in the main street and will continue until 20:00. Please note: There will be no registration on Saturday morning.

If a team has registered for support as part of their online entry, then the supporter is required to accompany the team to race registration.

What to bring to Registration:

- Personal identification
- 2. Signed Acknowledgement, Waiver and Indemnity: Signed with your team
- 3. Know your vehicle registration number

What you will receive as a Supporter at Registration:

- 4. Supporters T-shirt
- 5. Support badge
- 6. Support Vehicle sticker
- 7. Pre-ordered race apparel (collected from Ciovita stand)
- 8. Meal tickets (Pasta and breakfast, when applicable)

SUPPORT BADGE

Your Support Badge is your identification as a supporter during the event and is used to check-in at the Checkpoints and Finish. You should always carry this with you.

SUPPORT VEHICLE STICKER

Your Support Vehicle sticker is placed on your vehicle on the windscreen to allow access within the checkpoints and at the finish.

START

The Race will start at 10:00.

We ask that supporters remain in Willowmore till all teams have passed Checkpoint #1 in case of an emergency like mass participation withdrawal (to be communicated via social media platform when all riders have passed through Checkpoint #1).

Take this time to enjoy a nice breakfast or coffee in town. Don't stress, you have plenty of time to travel to Checkpoint #5. Leaders of the race are predicated to arrive from 15:00 at Checkpoint #5.

RACE DETAILS

ON ROUTE

Supporters will <u>not be</u> allowed to travel through the baviaanskloof due to the Eastern Cape Parks Board instructions to reduce the number of vehicles travelling through the Baviaanskloof during the event.

Only race official vehicles are permitted on the cyclist route and this will be enforced and controlled by Eastern Cape Parks and Tourism at the entrance gate, race officials on route and at checkpoints.

You must travel to Checkpoint #5 through the Langkloof (via Uniondale, Joubertina and Hankey).

Cyclists will have the right of way during the race. Take caution at Checkpoint #5 when travelling with the cyclists on a portion of the road.

Once Supporters reach a checkpoint, they are not allowed to travel back on the route, unless otherwise instructed.

OUTSIDE ASSISTANCE

NO Assistance is permitted on route between checkpoints! The race organisers / officials / riders witnessing this violation, are authorized to report for penalization the team of that supporter / rider violating the rules.

Supporters will be required to listen to Race officials / Checkpoint Marshals when assistance is necessary and follow their instructions in certain situations, when needed.

TRACKING

Due to the Baviaanskloof being in a non-signal (or intermittent signal) area, race officials cannot tell you where your team is off by hand. Please be patient while waiting for them.

We will report on the first team(s) at the checkpoints via our social media platforms.

You can follow your team's progress (know your team's name and number) by checking what time they arrive at certain checkpoints within signal area (not applicable for Checkpoint #1, Checkpoint #3, Checkpoint #6). Note that this is not live tracking as intermittent signal might cause a delay in report time. The link to the tracking will be made available on the home page www.transbaviaans.co.za once the race starts.



CUT-OFFS

Halfway Cut-of time at Bergplaas (Checkpoint #4) will apply Sunday morning 02:00. Riders not meeting this cut-of off are not allowed to continue the race and they will be transported to checkpoint #5 where their support can transport them to the finish (or will be taken to the finish in case of no support).

Race cut-off at Finish will apply Sunday, at 10:00. Event supporting will be withdrawn and team supporters must then collet their team.

RIDER WITHDRAWALS

Except in case of injury, a rider wishing to withdraw the race must do so only at a checkpoint; that member must be escorted by the team until the next checkpoint is reached. The withdrawal must be reported to the Checkpoint Marshal (CPM). The rider who has withdrawn will no longer be allowed to re-start (continue) the race again. The rest of the team will be allowed to continue and will still qualify for individual times and medals.

EVACUATIONS

Should a rider be forced to withdraw from the event for any reason the following recovery procedures will apply:

Recovery from START to Checkpoint #4 will be done by the sweep vehicle.

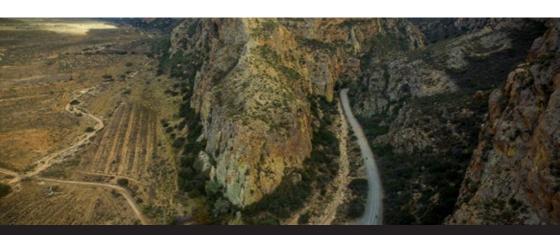
At Checkpoints #1 transport arrangements can be made with the Checkpoint Marshal or wait for the sweep vehicle.

Evacuation vehicles will be available at Checkpoint # 2, Checkpoint # 3 and Checkpoint #4 to transport withdrawals to Checkpoint #5 where support can transport rider to the finish.

Support vehicles will be available at Checkpoints #5 to transport withdrawals to the finish (not applicable for #6).

A sweep vehicle will travel behind all participants to assist/collect riders voluntary withdrawing and transfer them to the next Checkpoint.

Emergency evacuations will be done by medical personnel, unless otherwise instructed.



RACE DETAILS

CHECKPOINTS

LOCATION

Checkpoints are located on private property and right of admission is reserved. Only registered supporters are allowed entrance. You will not be allowed to enter Checkpoints without your Support Driver Badge and your vehicle sticker.

Checkpoints that allow support:

Checkpoint #5 - Checkpoint 5 will only open to receive supporters from 14:00. Average travel time to Checkpoint #5 is 3,5 hours .

Due to the Foot and Mouth disease currently ravaging the cattle farms of the Eastern Cape, Checkpoint #7 has been removed as a supporter checkpoint. **No support will be permitted to travel or enter Checkpoint 7**, in order to not exacerbate the problems, the farmers are facing.

ENVIRONMENTAL

To be respectful towards our hosts (landowners) please stick to designated parking areas - do not drive through the veld.

Please respect the environment and farms. Littering is strictly forbidden. Trash/rubbish bins are available at checkpoints.

CHECK-IN AT CHECKPOINTS

Checking in at Checkpoint #5 and the Finish (in that order) is mandatory. You are NOT allowed to travel to Checkpoint #6.

Supporters must check in during arrival and departure at checkpoints. When supporters depart, they must receive their badge sticker from the checkpoint Marshal.

Supporter Badge and Support Vehicle Number must be displayed. Arriving at the checkpoints and not doing so, will result to the holding up of oncoming traffic.

Supporters must remain at checkpoints (cannot depart) before their team arrives, unless supporters continue to the finish.

Checkpoints might experience congestion during certain times, please remain patient.

PROVIDING SUPPORT

Support can only be provided in designated areas of the checkpoints. Please stay in this area for the riders to move around easily. Support is not allowed to be given at vehicles.

Supporters must cooperate with race officials / checkpoint marshals.

FOOD AND SUSTENANCE

The checkpoints provide drinks and food for riders but there will be food available to buy for Supporters. Food and drinks provided to the riders will be in a designated area for riders only.

FINISH

Supporters must arrive at the Finish at least 20 minutes before their team.

Check-in at the Finish is mandatory.

Parking will be available at the finish venue; look out for signs indicating the parking area. Note that only official vehicles will have access to certain parts of finish venue.

GENERAL

WEATHER

The event takes place in the winter season and temperatures are known to drop drastically in the early hours and evenings. Minimums can be as low as 2-3 degrees Celsius, especially in June-August, when snow sometimes falls on the high mountain peaks. Winter daytime temperatures get up to around 18 degrees, but the breezes can be icy.

Please prepare sufficiently for all weather conditions. The event will take place irrespective of weather conditions unless intervened by Disaster Management.

The organization have the option to use an alternative route should the Baviaanskloof become impassable due to flooding or any other circumstance.

COMPLAINTS / PROTESTS

Participants wishing to protest an outcome, penalty or disqualification must notify a race organiser within 60 minutes of finishing the race. Protests will be considered by a three-person committee consisting of the race director, race commissaire and race organisers. Decisions of the committee are final.

SPORTSMANSHIP

Please be kind to our Volunteers and show your appreciation for their efforts by thanking them.

Bad sportsmanship and abuse towards officials may lead to disqualification of your team.

EXCEPTIONAL CONDITIONS

If necessary, the organization reserves the right to modify at any time the routes, starting times, cut-off times, the position of checkpoints and any other aspect related to the smooth running of the event. In case of unexpected event(s), bad weather conditions or any other circumstance endangering the participants' safety, the organization reserves the right to:

Postpone the start of the race, Modify the cut-off times, Change the start date, Adapt the race's course, Cancel the race, Stop temporarily the race, Stop the race in progress. Serious considerations will be taken before this happens and the decision will not be taken lightly.

RULES

Applicable to supporters





SUPPORT RULES



Race Guide for Riders

As a supporter take the time to understand the rules and information provided. Supporters neglecting their rules can result in penalties / disqualification of their team. Riders are allowed to lodge a complaint against support not obeying the rules or acting in an unsafe and inconsiderate way towards the riders.

For a better understanding of the rules, we encourage you to read the Race Rules as outlined in the **Race Guide for riders**.

ON ROUTE

No support vehicle is allowed through the Baviaanskloof. Only official vehicles are permitted on the cyclist route.

Obey all existing road rules (as per the Provincial and National Road Regulations), all traffic officials, race officials, checkpoint marshals and medics.

Supporters must make way for cyclists, race officials and emergency vehicles during the race.

The route is not marked. Ensure that you are familiar with your directions.

CHECKPOINTS

Support is only allowed at Checkpoint #5 in the area specifically reserved for this use and at the discretion of the Checkpoint Marshal. Travel to these checkpoints through the Langkloof (via Uniondale, Joubertina and Hankey).

OUTSIDE ASSISTANCE

No assistance will be allowed along the route. Assistance provided by Supporters may only be provided at checkpoint # 5 in the designated supporting area. Team members may not be assisted at their vehicles, this will be deemed as assistance on route.

FINISH

Supporters must arrive at the finish (Jeffreys) at least 20 minutes before their team. Arrival at the finish must be reported to the race official.

GENERAL

Only one support vehicle is allowed per team.

Supporters driving vehicles must be experienced and have basic orienteering skills.



SUPPORT RULES

Top 10 Rules for Rookies – **for Supporters**:

- No support vehicle is allowed through the Baviaanskloof
- 2. Supporters may not assist any rider on route.
- Make way for cyclists, race officials and emergency vehicles 3.
- Know your team number
- Display supporter badge and vehicle sticker at all times.
- Follow directions to checkpoints as instructed by the race organization to ensure you stay on the right route (and not on the route of the riders).
- 7. Checking in at Checkpoint #5 is mandatory.
- 8. Support must arrive at the finish 20 mins before their team
- 9. Check-in at the Finish is mandatory
- 10. No littering



RIDER RULES

Top 10 Rules for Rookies – for Riders:

- The Route is not marked
- Teams must stick together riders must ride within 2 minutes of their team 2. partner at all times
- You have to check-in at all checkpoints (some are unmanned) 3.
- Make sure you carry your mandatory gear
- By dusk you must be riding with your lights on
- No outside assistance or support on the route.
- Your supporter is not allowed to travel through the baviaanskloof or be on the same route as you.
- Notify the race official / checkpoint marshal if you want to withdraw from 8. the race
- 9. If your partner did not finish but you did, you still qualify as a finisher (but not as a team)
- 10. If you are eligible for a prize, you have to be at prize giving to collect



SUPPORT DIRECTIONS

The route to the checkpoints will not be marked. Ensure that you are familiar with the directions and the location of the checkpoints.

GPS: When using a GPS, it will by default instruct you to travel on the same road as the riders when travelling to Checkpoint #5 – if you are using your GPS, please include instructions to travel to Hankey and follow the directions as provided by the event organisation from Hankey to ensure you stay on your designated route.

From Willowmore to Checkpoint #5:

- Willowmore: Take the main road out of town towards Uniondale.
- Uniondale: From the main road turn left onto the road to Avontuur, through the Langkloof (Joubertina to Humansdorp).
- Avontuur: Keep driving for about 66km to Joubertina.
- Joubertina: Carry on straight (through town) for about 44km to Kareedouw.
- Kareedouw: Continue straight for another 32km till you reach the N2. Turn left onto the N2 (towards Port Elizabeth / Jeffreysbay)
- N2: At the Humansdorp turn-off exit the N2 and turn left towards Hankey and Patensie on the R330.
- After 25km: you will reach Hankey.

GPS users: Follow GPS to here. Then follow the next directions from Hankey

- Hankey: At the 4-way stop turn left (at the Patensie sign) and continue
- 13.4km after Hankey you will reach Patensie.
- Patensie: Continue straight through Patensie.
- After 20km (from Patensie): you will reach a gravel road on the left– turn left onto the gravel road. This is about 1km before Hadleigh Pakstoor (previous checkpoint #5)
- After 1km you have reached CHECKPOINT #5 where you can wait for your team to arrive.
 Drivers must check-in and out of that specific checkpoint before continuing.



From Checkpoint #5 to the Finish:

Set your odometer back to zero at checkpoint #5. You will double-back on the road and return the same way you came to the N2.

 Return to the main-road and return the same way you came - follow the same road back towards Patensie

From here you will drive along the tar road for the rest of the way.

- After 20km: You have reached the town of Patensie.
- Patensie: Keep following the main road through Patensie towards Hankey.
- 13.4km from Patensie you have reached the town of Hankey again.
- Hankey: Continue along the main road through Hankey. At the 4-way stop in the main street
 of Hankey is a signboard indicating Humansdorp to the right. Here you must turn right and
 keep going along this road.

Checkpoint #7 does not allow support due to foot and mouth disease.

- After 38km: you have reached the N2
- N2: take the Port Elizabeth turn-off to the left and continue along the N2 towards Jeffreys Bay.
- N2: exit the N2 at the Jeffreys Bay turn-off. Then turn right and continue towards Jeffreys Bay.
- After 1km: You have reached Mentors country estate on your left. You have reached the FINISHI
- Finish: Park in the designated parking area for Support only official vehicles will have access to enter the venue's main gate.



BAVIAANS-KAREEDOUW-FIETS-FEES SUPPORT DRIVERS STOP

MAKING THE LONG TRIP THROUGH THE LANGKLOOF

Sat 10 & 17 Augustus 2024 10h00 tot 15h00

Plaasbasaar produkte, Kerrie en Rys, Skaap Afval; Gebraaide Wors en Roosterkoek, Biltong & Droë wors, Pannekoek, Basaar poeding, Koffie & Tee

Wegneem etes! Stalletjies met verskeie produkte.

Skoon toilette, ruim en Veilige Parkering, pragtige Kerkgebou (1906)



Navrae: NEELS - 082 6528491/NATASHA - 082 789 3301



ROUTE 62 Krakeelrivier Kerksaal 17 AUGUSTUS 2024 10:00

PANNEKOEK
JAFFELS
BASAAR POEDING
GEMMERBIER
GEBRAAIDE HALWE HOENDER
APPELKOEK

VISSERS VAN MENSE...



R480

PER DAME Prys sluit in letsie te ete, n drankie en n Goodie Ba

SLEGS 150 KAARTJIES BESKIKBAAR

R2700
Eespreking vir tafel van 6

Fees Program

09:00 · 17:00 Stalletjies op Oudebosch Country Cafe Feesterein

12:00 - 14:00 letsie te ete & Mario Plaashond

14:00 - 15:00 Motiveringspreker "Tania Smit" - Hekelwoorde

15:00 - 16:00 Pouse

16:30 - 18:00 Comedy Show met Mel Die Storieverteller - Dik Deurmekaar



Kontant Kroeg Beskikbaar

Kaartjies te koop by: Amelda: 076 671 9360 / Cerise: 082 862 1870























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