

TRANS BAVIAANS

20 YEARS

WHERE TEAM SPIRIT GETS A WHOLE NEW MEANING



24hr



230km

RACE GUIDE 2024





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20 YEARS OF GRIT*

Welcome to the 20th edition of the Trans Baviaans 24hr Mountain Bike Marathon. It's an incredible feeling to know we've been helping you, and your fellow riders, make memories for over two decades now. The event has proudly grown in stature and fame since 2004 and it has been voted, Tread readers, as best single stage event on the South African mountain biking calendar. It certainly is among the most challenging, the most unique, and features the most breathtaking route. It's no wonder so many accomplished mountain bikers proudly count their Trans Baviaans finishes among their greatest achievements on the bike.

The Baviaanskloof holds a special place in our hearts. And once you've ridden through the country's largest wilderness area it will hold a place in yours too. The Baviaans and Kouga mountains have tested the mettle of tens of thousands of riders over the years. Providing them with the terrain over which to reflect upon what makes each of them who they are, when the going gets tough, and to forge lasting bonds with their teammates. Descending through Nuwekloof Pass, pedalling along the Baviaanskloof road to the reserve, then scaling the Baviaans Back, the Fans and the Mother of All Climbs, before dropping down towards civilisation once more from the remote backcountry. Then it's on to the famous Checkpoint 5, seeing your supporters, and the painstakingly long climb up Neverender and into the homeward run to Jefferys Bay.

Completing the Trans Baviaans is a right of passage. Notching up 5 finishes puts you in a special club. Earning your 10-year shield sets you apart as a true legend yourself. While the handful of 15 x, or more, finishers are men and women you can spend long hours talking to. They know a thing or two. They've seen remarkable things and shared in the legacy of this amazing race.

One such incredible story is that of the Langs Baviaans. In 2011 the Baviaanskloof flooded to the point that the standard route was impassable. As a result, we took the race into the Karoo, tracing the northern foothills of the Baviaans Mountains and through the Grootrivier. Doing so meant the most significant climb of the race came later in the course, and gained even more elevation than the mighty MAC. A decade later the 2021 edition was the coldest Trans Baviaans. Icy rain and freezing mud lead to our smallest proportion of finishers to a single edition. This year has had its challenges too. Food and mouth disease is ravaging the cattle farms of the Eastern Cape and as a result we have had to adjust our checkpoint 5 position and route slightly, in order to not exacerbate the problems the farmers are facing.

Events always present curve balls and regardless of the challenges we face, we work hard to make sure things run smoothly so you can enjoy the race. That is in no small part due to the effort put in by so many remarkable individuals. With that, I want to thank my family, as well as each and every role player; sponsor, service provider, landowner and volunteer who works tirelessly behind the scenes to ensure you can enjoy the event and have a memorable experience. Thank you!

We hope to make this 20th celebration a memorable one!

See you in Willowmore!

Race Director,

Wikus Van Der Walt and family



GRIT

a combination of passion and perseverance for long-term goals. It involves maintaining effort and interest over years despite failures, setbacks, and plateaus in progress. Grit is about staying committed to something you care deeply about and working hard to make it happen, no matter the obstacles.



EVENT PROGRAMME



FRIDAY

12:00	Registration Opens	Containers for all Checkpoints to be handed in during Registration	Town Hall, Knysna (main) Street, Willowmore
17:00	Pasta meal opens		NG Kerk, Grey Street, Willowmore
18:00	<ul style="list-style-type: none"> Race Briefing Route update Support Briefing 		NG Kerk, Grey Street, Willowmore
20:00	Registration Closes	Departure of container trucks to all checkpoints	Town Hall, Knysna (main) Street, Willowmore

SATURDAY

09:00	Start Check-in Opens		Town Hall, Knysna (main) Street, Willowmore
10:00	Race START	Seeded (Elite) riders at the front of start chute	Town Hall, Knysna (main) Street, Willowmore
14:00	Checkpoint #5 opens	Supporters can check-in from 14:00 onwards	Checkpoint #5

SUNDAY

02:00	Halfway Race Cut-off		Checkpoint #4, Bergplaas
08:00	Container contents collection opens		Finish area, Mentors Country Estate, Jeffreys Bay
08:00-10:00	Breakfast	Pre-ordered at Mentors Country Estate	Mentors Country Estate, Jeffreys Bay
10:00	Race Cut-off	Event support withdrawal	Finish line, Mentors Country Estate, Jeffreys Bay
10:00	Prize Giving		Finish line, Mentors Country Estate, Jeffreys Bay
12:00	Container Collection closes	Any contents left will be donated to charity.	Finish area, Mentors Country Estate, Jeffreys Bay

LOCATIONS



24hr



230km



WILLOWMORE

– THE START VENUE

Willowmore (± 700 m above sea level) is a karoo town situated in the Eastern Cape. The town is considered the western gateway to the Baviaanskloof and is filled with historical architecture. This charming 'dorp' is the perfect host for the start of Trans Baviaans 24hr mountain bike marathon and the event activities like race registration and event expo.

The start line of the Trans Baviaans 24hr mountain bike marathon is on the doorstep of the historical Town Hall, in the main street (Knysna Street). Built around 1896, it's a symmetrical Victorian building with a clock tower in the centre.

Recently been announced as the Eastern Cape's 'Dorp van die Jaar 2023' (town of the year) by Afrikaans TV programme, Kwela, it presents more reason to spend some time wandering the streets - many of the lovely old buildings beg to be photographed.

Make sure to enjoy some of the fresh local cuisine, homemade bakes, coffee or beer at one of the charming coffeeshops, farm stalls and restaurants. Be sure to look out for the flower-festooned Willow Limo donkey cart that's usually parked on the main road.

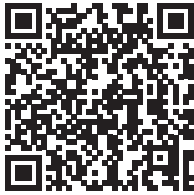


24hr



230km

LOCATIONS



download
Brochure



IMPORTANT PLACES

A	TOWN HALL: Race Registration & Start	C	NG Church: Race briefing, Supporter briefing and Pasta meal
B	SHOW GROUNDS: Tent Village, Breakfast meal	D	HOSPITAL: Just in case. We are sure you won't need it.

USEFUL PLACES

01	KAPOET Restaurant & Coffee Shop 082 550 6830	02	WILLOWMORE SCHOOL Hostel Acc. 044 923 2284
03	Royal Hotel Accommodation 044 923 1225	04	ENGEN 24hr Fuel Station & Workshop 044 923 1007
05	Lou's Place Restaurant 082 770 5994	06	Belly Deli Restaurant 044 923 1070
07	The Willow Limo Donkey Cart Taxi 083 420 5434	08	Nella's Baking & Coffee Shop 072 628 0914
09	Savemor Supermarket 044 923 1027	10	Saverite Supermarket 044 923 1605
11	POLICE 044 923 8100	12	The Cozy Shed Gift Shop 082 371 3765
13	FIRE CONTROL 078 002 0450	14	The Willow Historical Guesthouse 044 923 1574



BAVIAANSKLOOF AND BEYOND

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The word Baviaanskloof means ‘valley of baboons’ and it’s an integral part of the Cape Floral Region which is a UNESCO World Heritage Site and includes seven of South Africa’s eight biomes – Fynbos, Forest, Grassland, Succulent Karoo, Nama-Karoo, Subtropical Thicket, and Savannah. It’s a wild and rugged place that seems largely untouched by man – and all the more appealing because of it. The unspoiled scenic route, built in the 1880s by ingenious road engineer Thomas Bain, is the perfect way to experience one of South Africa’s remotest wilderness areas with some 48 mammal, 300 bird and 1700 plant species; no wonder it’s one of the world’s 34 biodiversity hotspots.

The route (majority thereof) is in the Baviaanskloof and hemmed in by the Kouga and Baviaanskloof mountain ranges running in parallel between east and west, both ranges a part of the Cape Fold Mountains. It is a changing landscape, from karoo to dense green forests, where the gravel road drops from steep mountains to the valley floor and then climbs back up again, over and over. Though strenuous and challenging, nowhere else will you experience these views of unspoilt landscapes and valleys. There are more than 40 river crossings, some up to 400m long, over low causeways that add to the excitement and splendour of the race. The Baviaanskloof is divided into three parts: the western section, wilderness area, eastern section.



24hr



230km

LOCATIONS



The western section of the Baviaanskloof, starts from Willowmore to the western entrance gate of the Wilderness Area (or Baviaans Nature Reserve) and is a stretch of mountains and valleys, with angora goat, olive and vegetable seed farms, as well as some growing rosemary and lavender for essential oils. De Vlake, just before Nuwekloof pass, is a plateau that has the highest point of the entire route called 'The Roof' at just over 1000m above sea level. Nuwekloof pass is known as the official entrance to the Baviaanskloof. It's a winding-climbing-dropping medley of lovely rock formations, towering lichen-splashed cliffs, and plenty of aloes in bloom in winter. Look out for Willowmore cedar trees, which are endemic to the area, and renosterveld vegetation. The gravel road winds along steep slopes before heading into a rough stretch with several river crossings en route to Zandvlakte, which is the last farm before the entrance gate to the Wilderness Area.

The Wilderness Area is about 60km through a wonderfully unspoiled wilderness rich in plants and wildlife. It doesn't get any easier as you make your way towards Smitskraal ascending along a seemingly endless Baviaansback (or Grasnek Pass to the locals) which dips and climbs amidst amber cliffs and wooded valleys just over 8km long and includes more than 80 bends. The gradient as you climb can be as steep as 1:6, and it's worth stopping at the top for some views of the Baviaanskloof mountains. As you descend, you'll look out over the Kouga mountains. Smitskraal is a good place to stop and gather your wits just before the longest river crossing of 400m and the next climb, Fangs (Langkop Pass). This pass is only about 3.5km long, but it packs a steep punch, with gradients of 1:4. Watch out for sharp corners but try to enjoy the scenery and river crossings.

LOCATIONS



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The Mother of all Climbs (MAC) to locals Holgat Pass, is the trifecta of long, narrow and steep. There are around 50 bends, some are 90-degree switchbacks, along the pass which is just under 5km long. Take care of steep drop-offs without any safety railings, so be sure to have your lights on during nighttime riding. Faster riders will still be able to admire the mountain fynbos, aloes, spekboom thickets and views along the way to the summit at around 600m above sea level. Bergplaas (Pisgoedvlakte) lies on a plateau of grasslands and mountain fynbos east of the summit, the perfect spot to have some soup while you prepare for the descent that is The Big Dipper (Combrink's Pass).

The Big Dipper is the last pass before you leave the Wilderness Area. It's also the Goliath of the Baviaanskloof passes in terms of altitude lost. In just 5.5km you'll go down 330m and around more than 70 bends and switchbacks. In some parts the gradient is 1:8 and in parts the track has eroded around the cement tweespoor. Like the MAC, it isn't very wide, so keep a lookout for oncoming vehicles. The views unfolding below you are gorgeous, but we advise to keep our eyes on the road given the steep curves and lack of safety railings. Carry on across more low-water bridges and through dense woods before you exit the eastern gate of the wilderness area.



As you leave the reserve, you'll meander through Cambria, a lush area of natural forest. The eastern section of the baviaanskloof from the gate at Poortjies to Patensie is on the R331 along the Grootrivierpoort and Gamtoos River. The Groot River carves its way through rugged rock formations before it joins the Gamtoos River where the road continues to follow the sweeps and curves of the river. There are a number of farms (and Pakhuise) and guest houses in this section so be aware of the local community also using the road.

Since 2002, there's also the wider Baviaanskloof Mega-Reserve, which combines the Wilderness Area with a network of private and communal land. A Mega-Reserve is a largely pristine habitat big enough to encourage all the ecological processes needed to maintain biodiversity in the long term. The Baviaanskloof Mega-Reserve is managed in co-operation with conservation authorities and should eventually reach 500 000ha.

Before reaching Patensie the road turns off to Humansdorp on an undulating gravel road through more farmlands before reaching the infamous climb; The Neverender. It's mind over matter with this trickster that has multiple false summits before you eventually reach the top. The downhills have sharp bends and loose gravel, sand or rocks so take care when flying down those. The last stretch to Jeffrey's Bay includes the Mini Mac (only under 1km with a gradient of 7% and ascent of 50m) – take note that there is nothing Mini about this 'little' climb. You might find someone's sense of humour next to the road, left there from previous years. Homestretch on the last bit of dirt road to the Finish at Mentors Country Estate, Jeffreys Bay.

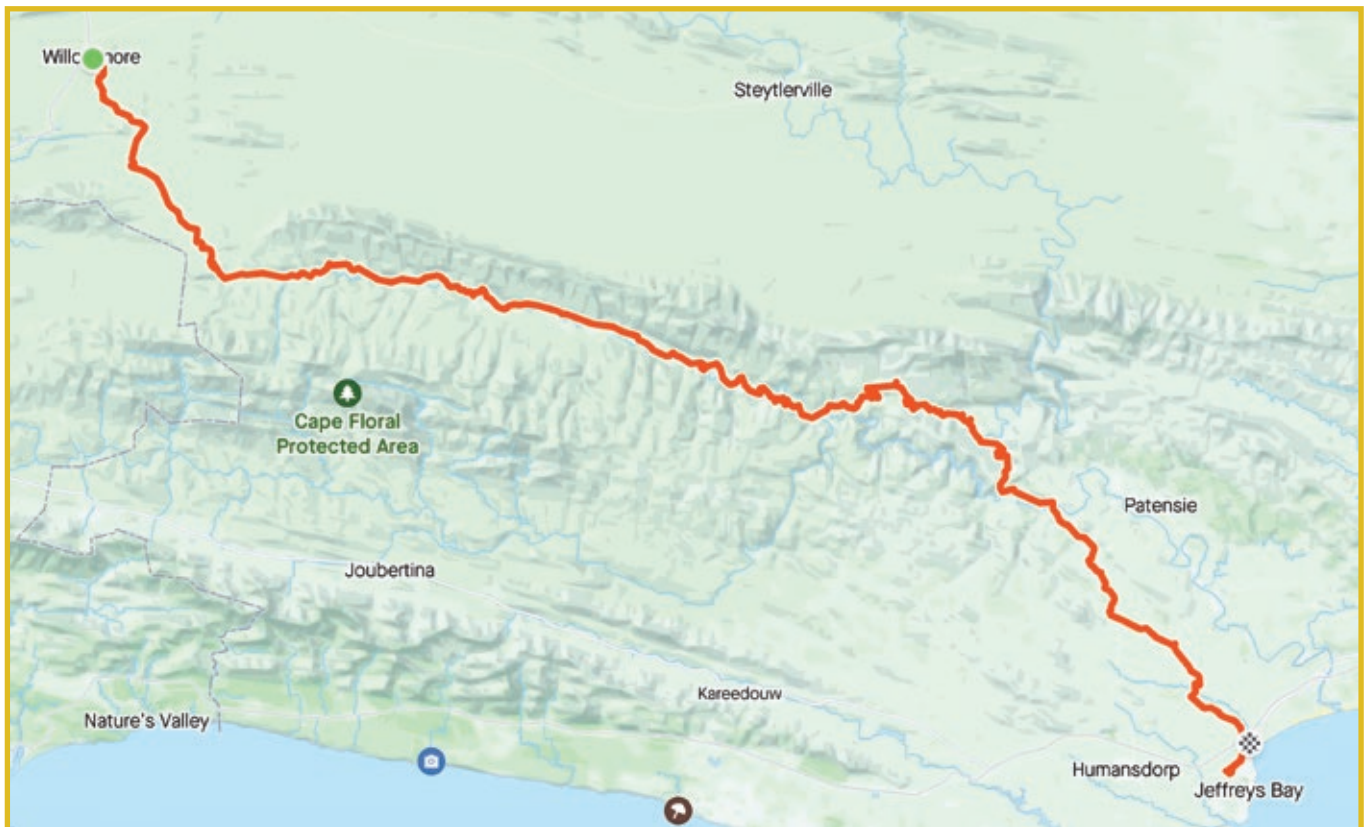


24hr



230km

TRANS BAVIAANS MAP



To orientate yourself, have a look at the [map of Baviaanskloof](#).



MENTORS COUNTRY ESTATE, JEFFREYS BAY

– THE FINISH VENUE

The race finishes in the town of Jeffreys Bay (Afrikaans: Jeffreysbaai, nicknamed J-bay), the surfing capital of South Africa. This bustling town is bordered on both sides by nature reserves and rivers – the Kabeljous and Seekoei estuaries and withing J-bay, the Noorsekloof nature reserve. Many flock here for the waves, sunshine, aloes, dolphins, shells, classic reefs, wide variety of local craft and surf shops on just about every corner. Take some time to soak up the sunshine and enjoy the relaxed atmosphere on this vibey town.

Mentors Country Estate is a beautiful venue, the only one of its size for km's, offers a range of exquisite settings that is perfect for the Finish Venue of the Trans Baviaans 24hr mountain bike marathon.



Find us: Mentors Country Estate, Cnr N2 and St Francis Drive, Jeffreys Bay, 6330

RACE DETAILS

All the information required for the race is provided in this guide.

Allow enough time to familiarise yourself with the info before race start – especially the route, as it is not be marked.





REGISTRATION

Registration opens on Friday from 12:00 at the Willowmore Townhall in the main street and will continue until 20:00. Please note: There will be no registration on Saturday morning.

What to bring to Registration:

1. Personal identification
2. **Signed Acknowledgement, Waiver and Indemnity:**
This is an important document that affects your legal rights and obligations. You must read it prior to entering -and sign it prior to starting the event. You would have accepted these conditions as part of your race entry.
3. **Signed Eastern Cape Parks & Tourism Agency Indemnity:**
This document is a requirement from ECPTA for entering the Park area in the Baviaanskloof during the event.
4. **Contents for your checkpoint containers:**
Container Trucks are loaded during Registration on Friday to start departing in the early hours of Saturday morning to ensure they are in time at the Checkpoints. NO Trucks will be available on Saturday morning for loading.

What you will receive at Registration:

5. Race number(s)
6. Map
7. Team Token
8. Containers (to send to checkpoints)
9. T-shirt
10. Supporters T-shirt, badge, vehicle sticker (when applicable)
11. Pre-ordered race apparel (collected from Ciovita stand)
12. Meal tickets (Pasta and breakfast, when applicable)



REBLEX

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RACE NUMBERS

Do not swop your number with another rider. The race number must be attached to the handlebar, using at least 3 cable ties so it is flat and can be easily seen from the front without any cables obscuring it. Do not wrap it around your stem. Race numbers must remain completely visible during the entire race. If you withdraw from the race, the race number will be crossed out.

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TOKENS

Teams will receive their lanyard with token at Registration (only one per team). This needs to be carried with you and presented at each checkpoint. It will be used to 'track' your team during the race. Make sure not to lose it..



MAP

The route will not be marked. Carry your map with you during the race. Checkpoints are not necessarily located on the road and can be passed without knowing. There are crucial points not to be missed as you will end up on the wrong route or miss a checkpoint. Important directions / turns are marked with red boxes on the map.

It is advisable to download the GPX files on your devices for peace of mind



www.transbaviaans.co.za/downloads





CONTAINERS FOR CHECKPOINTS

If you decide not to use a container(s) during the event – please hand this in at Registration: Please do not put empty containers on the trucks that are going to the checkpoints.

Containers are for transporting goods to the specific checkpoints:

- Checkpoint # 2
- Checkpoint # 3 – recommend sending your lights here (moderate rider)
- Checkpoint # 4 – recommend sending some warm clothes here

No containers will be taken to Checkpoint# 1, Checkpoint # 5, Checkpoint # 6, or Checkpoint #7.

You will receive 3 containers (3X 22L) per team regardless of team size. One container per checkpoint per team. You are not allowed to personalize the containers. Containers designated to specific checkpoints are not allowed to be sent to a different checkpoint. No more than one container can be sent to a specific checkpoint. Items to be sent to the checkpoints must fit in these containers.

Use cable ties provided to seal the containers before dropping them off at the dedicated truck area. These will be opened at the checkpoints. The items within the containers are not checked, therefore the race organizers are not responsible for the items in these containers. At the checkpoints, after use, ensure to close the containers with the cable ties before your departure.

E-Bike Entries: Wrap and clearly mark your battery(ies) with your race number. This will be packed in the Battery Box, a dedicated container that will be available at Registration (at Enquiries) till Friday night at 20:00 to be transported to checkpoint #2, #3 and #4. At the checkpoint (s) you can collect your battery and re-wrap your used battery, clearly marking it with your race number and placing it back in the Battery Box to be transported to the finish, where it can be collected between 08:00 – 12:00 on Sunday at the Finish, in the same area where you can pick up your contents of your checkpoint containers.

IMPORTANT: Containers must be packed and placed on the truck by FRIDAY NIGHT. This truck will be parked at Registration till 20:00

After the race the checkpoint containers will be taken to the finish where the contents can be collected between 08:00 – 12:00 on Sunday at the Finish. Unclaimed and forgotten goods/equipment will be donated after 1 week of the event.



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START

At the Start Check-in, you must line up with all team members present before entering the start chute. Timing will be done electronically and will be activated once you enter the Start chute. Timing pods / mats will be placed at checkpoints along the route.

SEEDED / ELITE RIDERS

Please allow seeded riders (riders with yellow stickers) access to the front of the start chute. Seeded riders are the top 100 riders from the previous year.

SEPERATION LIMIT

This is a team event and therefore no rider is allowed to participate alone.

Teams are required to stay together for the entire race (within 2 minutes of their team partner(s)). This may be checked and enforced at any point during the race.

SUPPORTERS

We ask that supporters remain in Willowmore till all teams have passed Checkpoint #1 in case of an emergency like mass participation withdrawal (to be communicated via social media platform when all riders have passed through Checkpoint #1).



ON ROUTE

The route will NOT be marked. You will be provided with a map at Registration. You will need to rely on your own ability to: read the map and make the right choices using basic orienteering skills and common sense. Crucial areas where the wrong route can easily be taken are indicated on the map with red boxes.

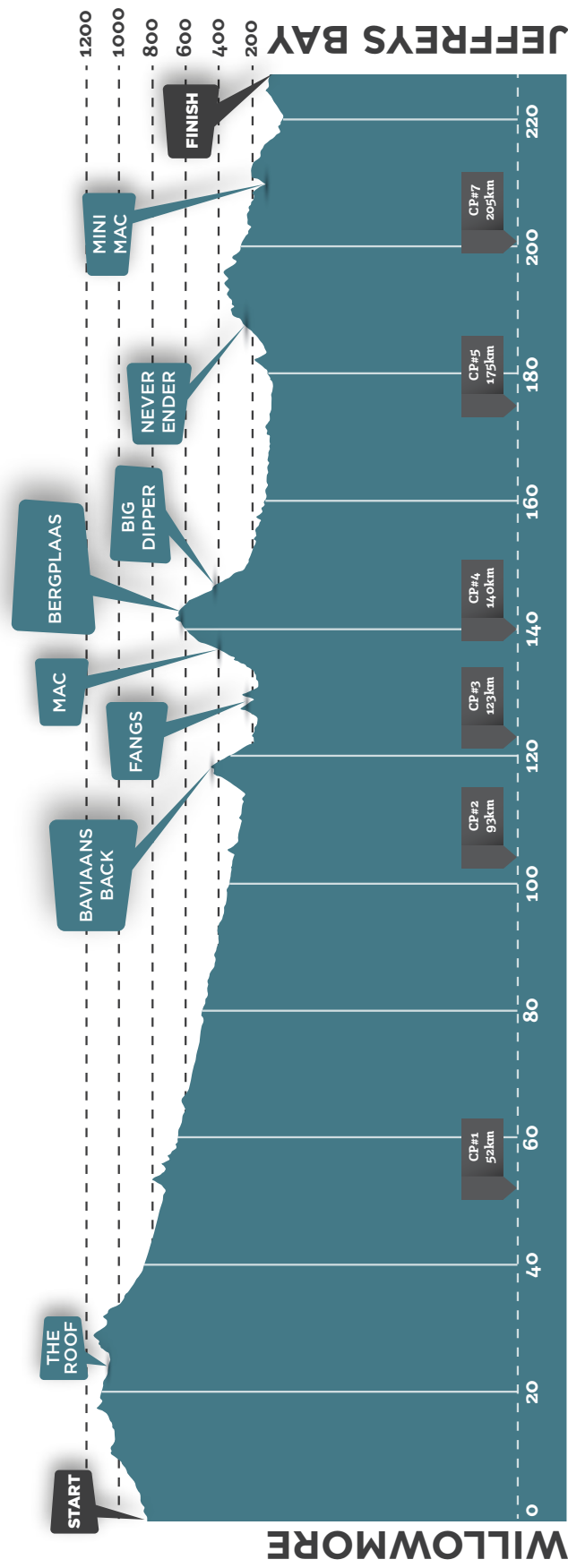
The road is open for normal traffic, standard road rules as per Provincial and National Road Regulations apply. Be aware that the local community traffic might include e.g. unattended donkeys, wildlife, children and senior citizens using the road on foot. Look out for dangerous hidden bends especially on Nuwekloof Pass and the second half of the route (e.g. M.A.C).

Follow the instructions of traffic officials, race officials, marshals and medics, when applicable.

After heavy rain, be aware that the river crossings will flood. As a general precaution, take it easy through the crossings, check water levels and beware of hidden holes.

Stay on route, even when you want to sleep. If you voluntarily venture from the route, you are no longer under the responsibility of the organization.

Closed gates on the route must be closed after you went through it.



CP#1 - VERO'S | CP#2 - ZANDVLAKTE | CP#3 - SMITSKRAAL | CP#4 - BERGPLAAS
 CP#5 - ANDRIESKRAAL | CP#6 - ? | CP#7 - ZUURBRON

FOOT AND MOUTH DISEASE – DISINFECTION REQUIREMENTS

Due to the Food and mouth disease currently ravaging the cattle farms of the Eastern Cape, we are implementing a disinfection protocol, in order not to exacerbate the problems the farmers are facing.

The following will apply:

- At Checkpoint #7 your bicycle (wheels) will be sprayed with a disinfectant
- Then onwards, you will be required to cycle through disinfectant baths on route, positioned at farm gates.

We ask that during the disinfection process, you remove your water bottles from your holders.

The organizers, landowners and farmers thank you for your cooperation.

WILDERNESS AREA - BAVIAANSKLOOF RESERVE

Please BE AWARE that there are BUFFALO and other dangerous animals in the Wilderness Area - Baviaanskloof Reserve. Buffalo are unpredictable wild animals and extreme caution must be taken cycling through this area. Be vigilant and stay with your team member(s). You will pass through the gate at approx. 100km into the race and exit at 160km. Steps have been taken to minimize any interactions but take note that you enter the reserve at own risk. Note that the full complement of Eastern Cape Parks and Tourism staff will be deployed to monitor the animals during the event.

Normal Eastern Cape Parks and Tourism Regulations apply, and personnel will be present to control this.

CONSERVATION / ENVIRONMENTAL

When entering the Trans Baviaans 24hr mountain bike marathon, you agree to respect the environment and the farms, natural conservation, Wilderness and Heritage areas as you pass through. Littering is forbidden (gel tubes, paper, organic detritus, plastic wrappers...). Trash/rubbish bins are available at each checkpoint. Keep your rubbish and wrappers with you until you can throw them in the bins at a checkpoint.

OFFICIAL VEHICLES ON ROUTE

This will be limited as far as possible. Unfortunately, it will be unavoidable to prevent official vehicles (race official, emergency vehicles, motor cyclist...) to pass you on route; they are available on route to assist with emergencies. Make way for official vehicles on route. Ignoring official & emergency vehicles may lead to disqualification.

Supporter vehicles will not be allowed between cyclists. Riders of these vehicles will be disqualified.

SUPPORTER / OUTSIDE ASSISTANCE

No assistance is permitted on route between checkpoints! The race organisers / officials / riders witnessing this violation, are authorized to report for penalization the team of that supporter / rider violating the rules. Riders may assist and be assisted by fellow competitors / race officials.

Permitted support / assistance

Only riders registered for support are able to receive support at Checkpoint #5 in the designated area(s). See separate Support Guide containing the relevant information and rules specific to supporters. Supporters neglecting their rules, will result in penalties / disqualification of their rider(s). Riders are allowed to lodge a complaint against support not obeying the rules or acting in an unsafe and inconsiderate way towards the riders. This can be reported at a checkpoint and finish.

Due to the Eastern Cape Parks Board instructions to reduce the number of vehicles travelling through the Baviaanskloof during the event, no supporters are permitted to travel through the Baviaanskloof during the event. This will be enforced and controlled by Eastern Cape Parks and Tourism at the entrance gate. Support vehicles must travel to the specific checkpoints through the Langkloof (via Uniondale and Joubertina).



Supporters Guide

CHECKPOINTS



CHECKPOINTS

Teams must check in during arrival and departure at each checkpoint on route. You and your teammates must all be present before your team is allowed to check-in or check-out. Before your team depart, you will scan your team token and receive a token sticker from the checkpoint Marshal.

Unexpected / unmanned checkpoint(s) are set up along the route. Their location will not be publicized.

The checkpoints provide drinks and food to be consumed on site. Take care to ensure you have had enough to drink and eat before leaving each checkpoint to sustain you until the following checkpoint. There will be no water points on the route except at checkpoints. Water (rivers) along the route is drinkable.

Support at Checkpoint #5 must stay within the area specifically reserved for this use and at the discretion of the Checkpoint Marshal.

Medical and basic mechanical assistance will be available at specified checkpoints and on-route. Remember that certain points on the route are very remote or isolated where access to medical support may be limited and take significant time to reach.

Do not camp next to the road. Camping (own gear), resting, sleeping and having meals must be limited to checkpoints where proper assistance can be provided.

Checkpoints might experience congestion during certain times, please remain patient.

Please note that Checkpoint #1 is only a refreshment point, no check-in or sticker is required.

**Due to the Foot and mouth disease Checkpoint #7 has been removed as a supporter checkpoint.
No support will be permitted to travel or enter Checkpoint # 7.**

CHECKPOINTS



 Location	 Altitude (M)	 Distance	 Avg Fastest	 Avg Slowest	 Services
START Willowmore	828m	0km	n/a	n/a	START
CP #1 Vero's	728m	52 km	1 hr 30 mins	3hrs 30mins	Food and drink provisions, Rest spot, medic , toilet
CP #2 Zandvlakte	381m	93km	2hrs 55min	6hrs 35mins	Check-in/out required, food and drink provisions, Containers, Rest spot, Mechanic, Bike wash, Medic, Toilet, Evacuation Vehicle
CP #3 Smitskraal	169m	123km	4hrs	10 hrs	Check-in/out required, food and drink provisions, Hot meal, Containers, Rest spot, Medic, Toilet, Evacuation Vehicle
CP #4 Bergplaas	668m	140km	5hrs 20 min	14hrs	Check-in/out required, food and drink provisions, Hot meal, Containers, Rest spot, Mechanic, Medic, Toilet, Evacuation Vehicle
CP #5 Andrieskraal	83m	175km	6hrs 30mins	17hrs 30mins	Check-in/out required, food and drink provisions, Hot meal, Supporters allowed, Rest spot, Mechanic, Medic, Toilet,
CP #6	n/a	n/a	n/a	n/a	Self-check-in
CP #7 Zuurbron	218m	205km	7hrs	21 hrs	Check-in/out required, food and drink provisions, Rest spot, Medic, Toilet, mandatory disinfection
Finish Jeffrey's Bay	63m	230km	8hrs	24hrs	Check-in required, beer, Spur burger, Bar, Food stalls, Rest spot, Supporters allowed, Bike wash, Medic, Toilet, Showers



FOOD AND SUSTENANCE

Riders must be self-sufficient between checkpoints. Ensure to take enough liquids before, during and after the race. Those with food preferences and dietary restrictions should plan / pack as per your specific needs.

The following food and sustenance can be expected at the various checkpoints:

Location	Energy products	Water	Coke	Hot drinks (Coffee/ tea / Milo)	Sweets	Fruit	Bread	Potatoes	Hot meal
CP #1 Vero's	Yes	Yes	Yes	Yes (not milo)	No	No	Rooster brood	No	No
CP #2 Zandvlakte	Yes	Yes	Yes	Yes (not milo)	Yes	Yes	Banana bread	Boiled	No
CP #3 Smitskraal	Yes	Yes	Yes	Yes	No	No	No	Potato dish	Sosatie, Sausage
CP #4 Bergplaas	Yes	Yes	Yes	Yes	No	No	Bread	No	Soup
CP #5 Andrieskraal	Yes	Yes	Yes	Yes	No	No	Chip Roll	Potato chips	Chip roll
CP #6	No	No	No	No	No	No	No	No	No
CP #7 Zuurbron	Yes	Yes	Yes	Yes	No	No	Jaffels	No	Mince Jaffels



CUT-OFFS

Halfway Cut-of time at Bergplaas (Checkpoint #4) will apply Sunday morning 02:00. Riders must leave checkpoint #4 at Bergplaas before the cut-off time (whatever their time of arrival at the checkpoint).

Cut-off at Finish will apply Sunday, at 10:00. Event supporting will be withdrawn and team supporters must then collect their team.



WITHDRAWALS

Except in case of injury, a rider wishing to withdraw the race must do so only at a checkpoint; that member must be escorted by the team until the next checkpoint is reached. The withdrawal must be reported to the Checkpoint Marshal (CPM). The rider who has withdrawn will no longer be allowed to re-start (continue) the race again. The rest of the team will be allowed to continue and will still qualify for individual times and medals.

If a rider is withdrawing from a 2-man team: the remaining rider must link up with another team or individual. It is not the responsibility of the event organisers or checkpoint marshal to find a new team for the remaining rider. The 'new' team needs to understand and confirm that their new member now forms part of their team – and the rules are the same and apply (should a rider be left behind).

If you decide not to take part, the race entry will be refunded according to the 'Refund Policy'. No refund will be made should a rider wish to withdraw during the race.



EVACUATIONS

Should a rider be forced to withdraw from the event for any reason the following recovery procedures will apply:

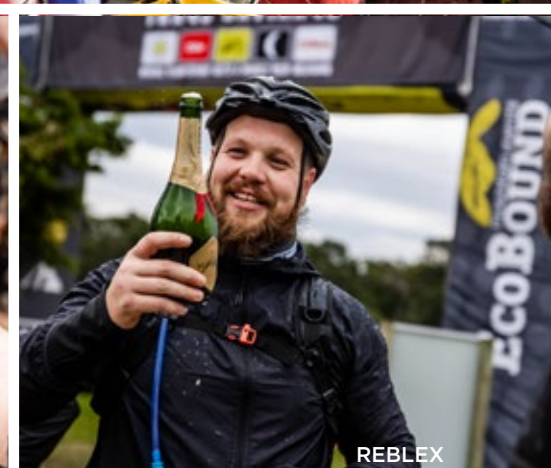
- Recovery from START to Checkpoint #4 will be done by the sweep vehicle.
- At Checkpoints #1 transport arrangements can be made with the Checkpoint Marshal or wait for the sweep vehicle.
- Evacuation vehicles will be available at Checkpoint # 2, Checkpoint # 3 and Checkpoint #4 to transport withdrawals to Checkpoint #5 where support can transport riders to the finish.
- Support vehicles will be available at Checkpoints #5 to transport withdrawals to the finish (not applicable for #6).
- A sweep vehicle will travel behind all participants to assist/collect riders voluntarily withdrawing and transfer them to the next Checkpoint.
- Emergency evacuations will be done by medical personnel, unless otherwise instructed.



TRACKING

Due to the Baviaanskloof being in a non-signal (or intermittent signal) area we do not have 'live tracking'. We will report on the first team(s) at the checkpoints via our social media platforms.

Team progress (displayed by team number / name) can be followed by checking what time they arrive at certain checkpoints within signal area (not applicable for Checkpoint #1, Checkpoint #3, Checkpoint #6). Note that this is not live tracking as intermittent signal might cause a delay in report time. The link to the tracking will be made available on the homepage www.transbaviaans.co.za once the race starts.



RACE RESULTS

You will be able to view results of the top ten teams at all the Checkpoints (including the finish) expect at Checkpoint #1 and #2 and off course the unmanned Checkpoint.

The unofficial results will be available on the website (www.transbaviaans.co.za) within 48 hours after the event.

The official results will be released once all penalties are incorporated in the finish times.

MEDALS

All finishers within the 24-hour time limit will receive a medal. The medal is part of a 5-piece shield which will be complete after the completion of 5 events.

EVENT SERVICES

Different event services are provided for riders for their convenience. Note that the organizers of this event is not associated with any of these services. Any queries must be dealt with directly with these independent service providers.

SPORTSMANSHIP

Please be kind to our Volunteers and show your appreciation for their efforts to help you finish the race by thanking / giving a smile as you pass. The same can be asked to your fellow riders on route; acts of kindness will go a long way.

SAFETY



REBLEX



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REBLEX

The event is not recommended for beginners. Be aware that due to the remoteness of the route, access to vehicles / medical support may be limited and take significant time to reach.

There are several medical personnel along the route. Medical personnel are intended to assist any rider in need of medical assistance. It is up to a rider in need of assistance or injured to ask for help. Riders must provide assistance to any person in danger and alert a race official. A number of unexpected events, including inclement weather events, could make you wait for help longer than expected. Your safety therefore depends upon the quality of the items you carry with you. All medical, paramedical, first aid and guide staff, as well as any person appointed by the race organization are able to:

- Remove any participant who is deemed unable to continue the event.
- Demand any participant to use any item of the mandatory equipment.
- Evacuate any riders deemed to be in danger.
- Refer riders to the most appropriate care facility.
- A rider who is treated by a doctor or reached by the search and rescue staff will defer to the professional's authority and agrees to accept their decisions. If a rider's state of health justifies treatment via intravenous drip, the rider shall compulsorily withdraw from the race.

Comfort care is based on the decision of the medical staff within the limits of care available.



RIDER'S COMMITMENT

To participate in the Trans Baviaans 24hr mountain bike marathon Event, I acknowledge in particular:



- That participating in the Event is a dangerous activity and that by such participation I am exposed to certain risks.
- I acknowledge that the enjoyment of mountain biking is derived in part from the inherent risks and exertion beyond the accepted safety of life at home or at work and that these inherent risks contribute to such enjoyment and is a reason for my participation in the Event.
- I understand the demanding physical nature of the Event and have I have adequately prepared for it
- I am not aware of any illness, injury or any other physical disability which may cause me injury or death whilst participating in the Event.
- I have acquired, before to the race, a real understanding of personal autonomy in the mountains/wilderness allowing for the management of potential problems encountered during this type of event, notably:
 1. Ability to confront, without outside assistance, changing climatic conditions which could be very difficult to deal with (night, wind, cold, fog, rain or snow).
 2. Ability to manage, including when one is isolated, physical or mental problems arising from a heavy fatigue, digestive problems, muscle or articular/joint pains, small wounds, etc...
 3. Aware that the organization's role is not to help a rider manage these problems.
 4. Aware that for such an activity in the wilderness, safety depends upon my ability to adapt to the problems encountered or foreseen.
 5. To inform and educate my supporters towards the respect of nature, people, and the regulations of the race.



MANDATORY GEAR

Throughout the duration of the race each rider must have all their mandatory gear, even if they are not using it. The route is strenuous, cover high altitudes and are exposed to the elements and riders should carry clothing that provides adequate protection for any weather conditions. At any moment during the race, the race organisers / officials can check mandatory gear. Riders are obligated to comply with these gear checks. A penalty up to and including disqualification will be applied to riders who do not have all the mandatory gear with them. Any non-compliant rider is at risk of disqualification from the race.

The following compulsory gear is required per rider and must be seen as the bare minimum to be on the bike:

	
Map	The route is not marked
Race Number	To always be visible
Basic First Aid Kit	With bandages
Space Blanket	Emergency blanket
Jacket	Windproof
Basic Puncture Repair kit	
Spare tube	
Headlight: (bike or helmet mounted)	Must be a proper light, equipped for night riding. You are not required to start the race with lights BUT by dusk you must be riding with your lights on.
Taillight	Use back taillight on the ON mode as flickering can induce epileptic fits.
Spare Batteries	For lights. To be carried with your or sent to a checkpoint in the container
Whistle	
Helmet	
Cell phone	Recommended
Bicycle: in good working order and race-ready	The bike (frame) you start with must be the one you finish with. Under extraordinary circumstances, when your bike is declared unrideable, bike swop may be allowed if the bicycle is from another participant (not spare bike). This must be reported to checkpoint marshal, to inform the Race Office and commissaire.



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WEATHER

The event takes place in the winter season and temperatures are known to drop drastically in the early hours and evenings. Minimums can be as low as 2-3 degrees Celsius, especially in June-August, when snow sometimes falls on the high mountain peaks. Winter daytime temperatures get up to around 18 degrees, but the breezes can be icy.

Please prepare sufficiently for all weather conditions. The event will take place irrespective of weather conditions unless intervened by Disaster Management.

The organization have the option to use an alternative route should the Baviaanskloof become impassable due to flooding or any other circumstance.

EXCEPTIONAL CONDITIONS

If necessary, the organization reserves the right to modify at any time the routes, starting times, cut-off times, the position of checkpoints and any other aspect related to the smooth running of the event. In case of force majeure bad weather conditions or any other circumstance endangering the participants' safety, the organization reserves the right to:

Postpone the start of the race, Modify the cut-off times, Change the start date, Adapt the race's course, Cancel the race, Stop temporarily the race, Stop the race in progress. Serious considerations will be taken before this happens and the decision will not be taken lightly.

RACE RULES



RACE RULES

TOP 10 RULES FOR ROOKIES:

1. The Route is not marked
2. Teams must stick together - riders must ride within 2 minutes of their team partner at all times
3. You have to check-in at all checkpoints (some are unmanned)
4. Make sure you carry your mandatory gear
5. By dusk you must be riding with your lights on
6. No outside assistance or support on the route.
7. Your supporter is not allowed to travel through the baviaanskloof or be on the same route as you.
8. Notify the race official / checkpoint marshal if you want to withdraw from the race
9. If your partner did not finish but you did, you still qualify as a finisher (but not as a team)
10. If you are eligible for a prize, you have to be at prize giving to collect

To participate in the event all rules must be adhered to, so that everyone can enjoy the race in a safe and respectful manner. This is a Cycling South Africa sanctioned race and all requirements outlined by them are to be followed. These rules are largely based on the UCI Mountain Bike Regulations.

Some rules are highlighted here for you to note:

ENTRY

The Organisers reserve the right to refuse a rider of entering / starting this event.

The Event organisers reserve the right to change any team name if in the opinion of the Event organiser the name conflicts with other rider or team names or the rider's team name is of an offensive nature.

AGE

All ages are calculated using the age you are on 31 December. The minimum age for riders is 18.

CATEGORIES

Ensure you are registered in the correct category - you cannot change your category after race start. You may only enter for one category.

There must be more than 10 entries per category for any of these categories to be acknowledged.

Mixed Team:

A mixed team must have at least one lady and one male rider in the team and at least two separate bicycles. A tandem does not qualify as a mixed team.



RACE RULES

Masters Team:

ALL members of the team must be a Master (50+) for the team to qualify for that category.

Tandems:

No solo tandem teams will be allowed. A Tandem team must consist of: 1 x tandem bike with 1 Or 2 normal bicycles OR 2 x Tandem bikes.

E-Bikes:

All members of the team must be on E-Bikes.

START

At the Start Check-in, you must line up with all team members present before entering the start chute. Once checked into the start chute, you must remain there till the start of the event.

SEEDED / ELITE RIDERS

Only seeded riders will have access to the front of the start chute.

TOKEN

This needs to be carried with you and presented at each checkpoint. It is required that all checkpoints are ticketed on your token when you reach the finish.

DISPLAYING RACE NUMBERS

Do not swop your number with another rider. Race numbers must remain completely visible during the entire race. If you withdraw from the race, the race number will be crossed out.

MAP

The route will not be marked. Carry your map with you during the race.

CONTAINERS for checkpoints

- Do not put empty containers on the trucks that are going to the checkpoints.
- You are not allowed to personalize the containers.
- Containers designated to specific checkpoints are not allowed to be sent to a different checkpoint.
- No more than one container can be sent to a specific checkpoint.
- Items to be sent to the checkpoints must fit in these containers.
- It is your responsibility to seal your container(s) before placing them on the truck(s) at registration or checkpoint(s)

MANDATORY GEAR

Throughout the duration of the race each rider must have with them all their mandatory gear, even if they are not using it.



RACE RULES

ON ROUTE

- Teams must complete the full, final designated route and must check into all checkpoints on route.
- Please obey standard road rules as per Provincial and National Road Regulations.
- Follow the instructions of traffic officials, Event /route officials, marshals and medics, when applicable.
- If you voluntarily venture from the route, you are no longer under the responsibility of the organization.
- No form of littering please.
- Closed gates on the route must be closed after you went through it.

SEPARATION LIMIT OF 2 MINUTES

Compliance may be checked and enforced at the start, finish, checkpoints and at any point during the race. Penalties may be applied to each occurrence of rider separation.

Penalties will not apply if one rider on the team continues ahead, or doubles back, solely for the purpose of requesting or obtaining assistance (medical or technical), however during such time the other rider cannot continue the route until the assistance-seeking rider returns to the waiting rider's position.

SUPPORTER / OUTSIDE ASSISTANCE

No support (any form of assistance) is permitted on route between checkpoints.

Support is only allowed at Checkpoint #5 and must be within the area specifically reserved for this use and at the discretion of the Checkpoint Marshal.

Supporters neglecting their rules, will result in penalties / disqualification of their rider(s). No supporters are permitted to travel through the Baviaanskloof during the event.

CHECKPOINTS

Teams must check in during arrival and departure at each checkpoint on route. You and your teammates must all be present before your team is allowed to check-in or check-out.

Do not camp next to the road. Camping (own gear), resting, sleeping and having meals must be limited to checkpoints where proper assistance can be provided.

CUT-OFFS

Halfway Cut-of time at Bergplaas (Checkpoint #4) will apply Sunday morning 02:00. Riders must leave checkpoint #4 at Bergplaas before the cut-off time (whatever their time of arrival at the checkpoint). Riders not meeting this cut-of off are not allowed to continue the race. Their race number will be crossed out and they will be transported to Checkpoint #5 / the finish.



RACE RULES

Race cut-off at Finish will apply Sunday, at 10:00. Event supporting will be withdrawn and team supporters must then collect their team. Should some team members make the distance within the 24-hour time limit while the rest fall just outside the limit (still complying to the rules) – then only those making it within the limit will receive a medal. The team will however be disqualified.

WITHDRAWALS

Except in case of injury, a rider wishing to withdraw the race must do so only at a checkpoint; that member must be escorted by the team until the next checkpoint is reached. The withdrawal must be reported to the Checkpoint Marshal (CPM). The rider who has withdrawn will no longer be allowed to start (continue) the race again. The rest of the team will be allowed to continue and will still qualify for individual times and medals.

If a rider is withdrawing from a 2-man team: the remaining rider must link up with another team or individual. It is not the responsibility of the event organisers or checkpoint marshal to find a new team for the remaining rider. The 'new' team needs to understand and confirm that their new member now forms part of their team – and the rules are the same and apply (should a rider be left behind).

If you decide not to take part, the race entry will be refunded according to the 'Refund Policy'. No refund will be made should a rider wish to withdraw during the race.

PRESENCE AT PRIZE GIVING

Podium finishers must be present at the prize giving as indicated on the event programme, or they will forfeit their prize.

RACE TIMES

The team time is taken when the last team member crosses the finish line. The team will have their team lanyard/token checked at the finish by a marshal.

SPORTSMANSHIP

Bad sportsmanship and abuse towards officials may lead to disqualification.

LOST AND FOUND

Any personal items left after the race (and in containers) will be donated to a charity or to other local riders in need. We will not ship items to you.

BANNED SUBSTANCES

The use of banned performance Enhancing Substances is not permitted during this event. Event organisers reserve the right to test participants for Banned Substances. Participants failing to provide a sample on request will be disqualified from the event.

COMPLAINTS / PROTESTS

Participants wishing to protest an outcome, penalty or disqualification must notify a race organiser within 60 minutes of finishing the race. Protests will be managed in line with Cycling South Africa (CSA) and considered by a three-person committee consisting of the race director, race commissaire and race organisers. Decisions of the committee are final.



RACE RULES

DISQUALIFICATION AND TIME PENALTIES

Race organisers / officials will apply rules at own discretion. The decision of the race judge will be final.

Transgression	Penalty / Disqualification
Not adhering to any of the race rules	Penalty / Disqualification at Race organisers discretion
Cheating (e.g., use of a means of transport...)	Disqualification
Bad sportsmanship / Lack of respect for others (organization or riders, support, etc) NB: a participant whose supporters are rude and/or refuse to respect the organization's instructions will be penalized / disqualified	Disqualification
Missing item(s) from the mandatory gear list	Penalty / Disqualification at Race organisers discretion
Refusal to have mandatory gear checked	Disqualification
Assistance / support outside of authorized areas	Disqualification
Not checking in at a checkpoint	Disqualification
Team members not staying / finishing together	Disqualification
All members of a team not completing the race	Disqualification
Support vehicle travelling through the Baviaanskloof on race day	Disqualification
Teams whose team members have been assisted (picked-up) by sweep vehicle /	Disqualification
Teams who had a rider(s) withdrawn	
Teams not finishing within the time limit of 24hours	Disqualification
Three penalties against a rider / team	Disqualification
Any form of littering	Disqualification
Refusal to comply with an order / instruction from the race organisers, officials, checkpoint marshals, medical personnel or search and rescue staff	Disqualification



RACE RULES

Lack of visible race number	Penalty / Disqualification at Race organisers discretion
Departure from a checkpoint after the cut-off time	Disqualification
Teams not staying within the 2-minute separation limit of each other during the event	Penalty
Teams not checking in together at checkpoints. A maximum of a 2-minute separation limit will be allowed between members.	Penalty
Ill-equipped gear (compulsory gear not up to standard).	Penalty
Losing the race token	Penalty
Valid appeals against a specific rider / team	Penalty / Disqualification at Race organisers discretion
Dangerous behaviour towards riders, organization or supporters	Penalty / Disqualification at Race organisers discretion
No timing chip / band	Penalty / Disqualification at Race organisers discretion
Refusal of anti-doping control	Penalty / Disqualification at Race organisers discretion

Disqualification means that:

- the team will not qualify for team prizes (positions)
- Race times will not be official
- No finisher's medal
- Time Penalties

Time penalties will be a minimum of 20 minutes and will depend on the transgression.

Time penalties will be added at the finish and not enforced at checkpoints.

Photographer credit on photos:

Reblex

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BV = Bruce Viaene

PK = Peter Kirk

JM = Jacques Marais

TRANS BAVIAANS

20 YEARS

WHERE TEAM SPIRIT GETS A WHOLE NEW MEANING



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