

2026

SUPPORTER GUIDE

TRANS BAVIAANS



24hr



230km

WHERE TEAM SPIRIT GETS A WHOLE NEW MEANING

TABLE OF CONTENTS

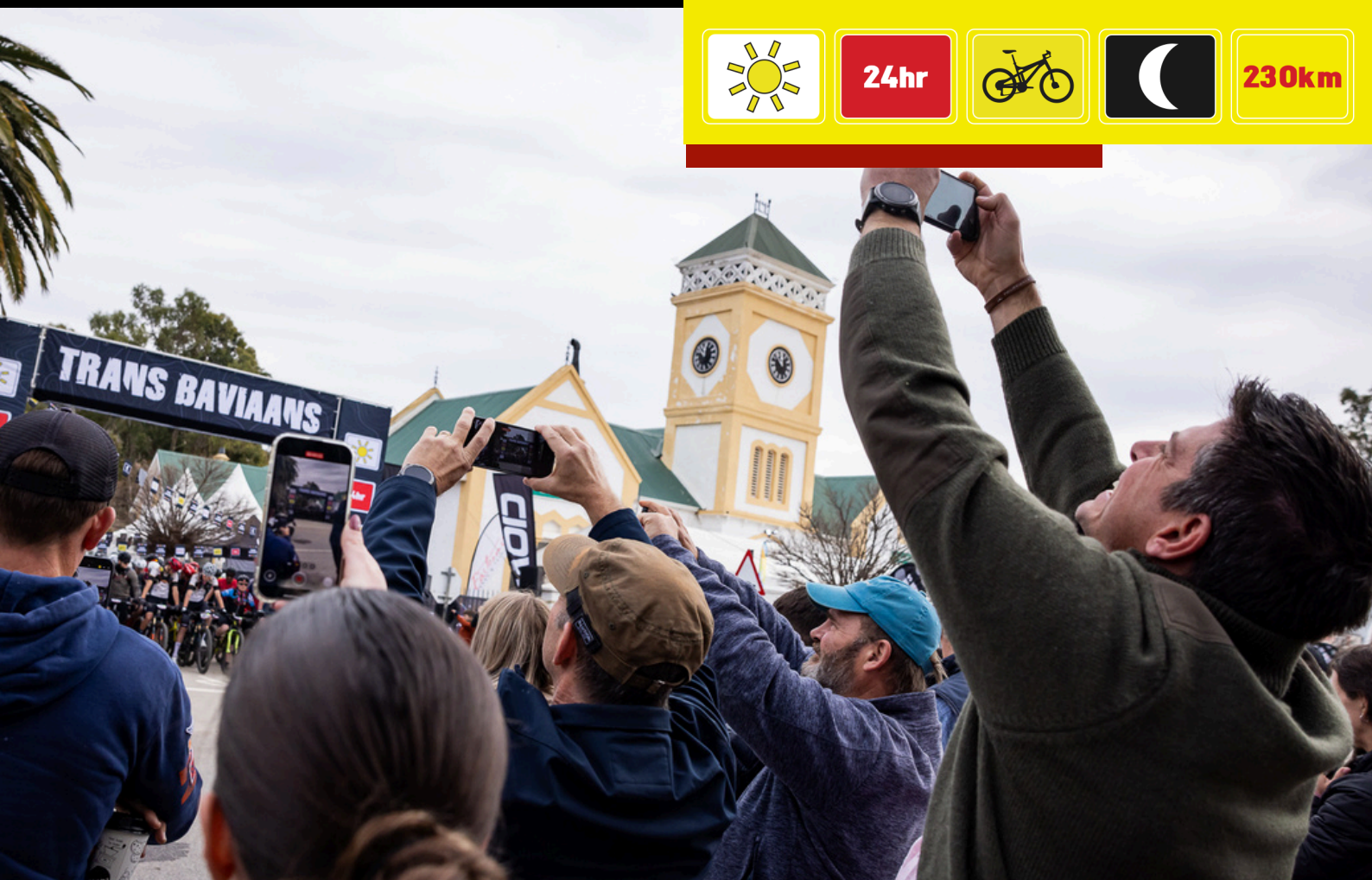
Welcome Message	1
Race Registration	3
Race Rules	4
Race Day	5
On Route	6
At Checkpoint 5	8-9
How to check-in	10
How to be the ultimate supporter	11
At the Finish	13
Supporters Commitment	14
Supporters Directions	17-19



24hr



230km





WELCOME

Welcome to the Trans Baviaans Support Crew

To every partner, family member, friend and support crew member: welcome to the Trans Baviaans!

While the riders take on the 230 km journey, we know they don't do it alone. Behind every team is a dedicated group of people who have supported months of training, helped with planning and logistics, and provided endless encouragement along the way.

On race day, your role becomes just as important. You're the one making sure riders have what they need, lifting spirits when they're low, celebrating the highs, and helping them push through the tough moments. A familiar face, a warm meal or a few words of encouragement can make all the difference.

Thank you for the time, energy and commitment you invest in your riders. Your contribution is an essential part of the Trans Baviaans experience, and we are grateful to have you as part of the Trans Baviaans family.

We wish you a safe, enjoyable and memorable event. Thank you for being part of the journey.

The Trans Baviaans Team

HOW TO READ THIS GUIDE

**Please read this guide
alongside the official
Race Guide.**

**To avoid repeating
information, we've kept
this guide focused
specifically on what
support crews need to
know.**

**For full event details,
including event program,
start and finish venues,
route and checkpoint
information: refer to the
Race Guide.**

**This Support Guide is
intended as a supplement,
providing key information
tailored to your role as a
support crew member.**

RACE REGISTRATION



If a team has registered for support as part of their online entry, then the supporter is required to accompany the team to race registration.

WHAT YOU WILL RECEIVE:



SUPPORT T-SHIRT

Sizes as pre-ordered or default to 'medium' when size was not indicated with entry



SUPPORT BADGE

Your Support Badge is your identification as a supporter during the event and is used to check-in at Checkpoint 5 and Finish. You should always carry this with you.



SUPPORT VEHICLE STICKER

Your Support Vehicle sticker is placed on your vehicle on the windscreen to allow access within Checkpoint 5 and at the Finish.



BURGER

When you check-in at the finish, you'll receive your burger voucher

TRANS BAVIAANS



24hr



230km

"YOU'RE MORE THAN A
SUPPORTER,
YOU'RE PART OF THE TEAM"

CIOVITA



RACE RULES

Supporter Responsibility

Supporters are expected to understand and follow all event rules and guidelines. Failure to do so may lead to penalties or disqualification for your team.

Riders have the right to lodge complaints if supporters act unsafely, inconsiderately, or in violation of the rules.

For a complete understanding of the event regulations, please refer to the Race Rules outlined on our website. Familiarity with these rules ensures a smoother experience for both riders and supporters.

**CLICK
HERE**

FOR FULL LIST OF RACE RULES

TOP TEN RULES FOR SUPPORTERS:

- **No support vehicle is allowed on the same road as the riders**
- **Supporters may not assist any rider on route.**
- **Make way for cyclists, race officials and emergency vehicles**
- **Know your team number**
- **Display supporter badge and vehicle sticker at all times.**
- **Follow directions to checkpoint 5 as instructed by the race organisation to ensure you stay on the right route (and not on the route of the riders).**
- **Checking in at Checkpoint 5 is mandatory.**
- **Support must arrive at the finish 20 mins before their team**
- **Check-in at the Finish is mandatory**
- **No littering**

RACE DAY



START

The Race will start at **08:00**.

We ask that supporter crew remain in Willowmore till your team has passed Checkpoint 1 in case of an emergency /withdrawal.

Take this time to enjoy a nice breakfast or coffee in town. Don't stress, you have plenty of time to travel to Checkpoint 5.

TRACKING

You can track teams by monitoring their arrival times at the checkpoints. Please note that, due to intermittent signal coverage on route, this is not live tracking—delays in reporting times may occur. Updates on the leading teams at each checkpoint will be shared on our social media platforms.

**CLICK
HERE**

To follow your team's progress at the checkpoints

only active during event time

**CLICK
HERE**

To watch your team cross the finish line live on the finish line camera.

only active during event time



ENGEN

With us you are Number One



ALL TRANS BAVIAANS SUPPORT VEHICLES



FILL UP AT ENGEN JOUBERTINA

AND GET A FREE COFFEE



Joubertina
 **TOYOTA**

DRIVEN BY THE LANGKLOOF

Tel: 042 273 1320



ON ROUTE



NO SUPPORT VEHICLES ON ROUTE

No support vehicles will be allowed to travel on the route during the event. This measure is in place to limit vehicle traffic and ensure rider safety.

This rule will be strictly enforced by Checkpoints, as well as by race officials along the route. As a support crew, you must travel to Checkpoint 5 via the Langkloof route—passing through Uniondale, Joubertina, Hankey and Patensie.

TAKE CAUTION

Please drive with caution: cyclists have the right of way at all times, particularly at Checkpoint 5, where vehicle and rider traffic may intersect.

Your cooperation is essential to the safety and success of the event—thank you for your understanding and support.

OUTSIDE ASSISTANCE

Riders may not receive any outside assistance along the route or at checkpoints, with the exception of Checkpoint 5, where official support crews are permitted. Riders may only receive assistance from fellow competitors or race officials. Race organisers, officials, and riders who witness any violations are authorised to report the offending team for penalties.

Supporter crew will be required to listen to Race officials / Checkpoint captains when assistance is necessary and follow their instructions in certain situations, when needed.



TRANS BAVIAANS



WHERE TEAM SPIRIT GETS A WHOLE NEW MEANING

BE THE REASON THEY DON'T GIVE UP.



AT

CHECKPOINT 5



RIGHT OF ADMISSION

Checkpoints are located on private property and right of admission is reserved. Only registered support crew are allowed entrance. You will not be allowed to enter without your Supporter Badge and your vehicle sticker.

TRAVEL TIME

Supporters may access Checkpoint 5 from 12:00 onwards. The average travel time is approximately 3.5 hours, so please plan your journey accordingly.

There's no need to rush, take your time and enjoy the scenic drive through the Langkloof, with a stop at one of the local bazaars along the way. Chances are, you'll arrive long before your team does, so relax and make the most of the journey.

RESPECT THE LAND OWNERS & OUR HOSTS

Please help us maintain good relationships with the landowners who make this event possible by only using designated parking areas; do not drive through the veld under any circumstances.

We also ask that you respect the environment and surrounding farms. Littering is strictly prohibited. Bins are provided at the checkpoint — please use them.

Let's work together to protect these beautiful spaces for future events.

AT

CHECKPOINT 5



SUPPORTING AREA

Support may only be provided in the designated support areas within the checkpoint. To ensure smooth flow and safety, please remain within these areas and avoid blocking paths or movement zones.

Support is not permitted at or from your vehicle—this helps keep the checkpoint area clear and accessible for all riders.

Your cooperation ensures a better experience for everyone.

FOOD & DRINK

The checkpoint provides food and drinks exclusively for riders.

Supporters are welcome to purchase food and refreshments from designated vendor areas at the checkpoint. Please do not access the rider refreshment zones.

CONGESTION

Please note that the checkpoint may become congested during peak times—your patience and cooperation are greatly appreciated.



SAFARI®

www.safaribraai.co.za

Laat waai, daar's 'n braai!



HOW TO CHECK-IN

Supporters are required to check in at both Checkpoint 5 and the Finish Line—in that order.

Travelling to any other checkpoint is strictly prohibited for all support vehicles.

CHECKING IN AND OUT:

- Supporters must check in with the checkpoint crew upon arrival and again before departure.
- When departing, you will be issued a badge sticker by the checkpoint crew.
- Both your Supporter Badge and Support Vehicle Number must be clearly displayed at all times.
- Failure to display these may result in traffic delays and disruption for other teams.

WAIT TILL YOUR TEAM ARRIVES

Support crews may not leave the checkpoint before their team arrives, unless proceeding directly to the finish.



HOW TO BE THE ULTIMATE SUPPORTER

Being a support crew means more than just showing up—it's about knowing what your team needs before they do. Here are some practical ways to make a real difference:

PLAN AND PREPARE AHEAD

- Know your team's race strategy – timing, nutrition, gear changes, and estimated arrival times.
- Familiarise yourself with the route, checkpoint 5 and the finish access.

COMFORTABLE TRANSITION

- Have spare lights, warm clothing, and gloves ready for nightfall.
- Bring a chair or blanket if they need a brief rest—but keep it efficient.

STAY IN TOUCH

- Make sure your phone is charged and on loud.
- Have the emergency number saved, and follow any communication instructions from race officials.
- Track your team's progress

STAY CALM, BE POSITIVE

- Riders may be tired, emotional, or in pain—your calm and positive presence can lift their spirits.
- Encourage them, reassure them, and remind them why they're doing this.

RESPECT RACE OFFICIAL ROLES

Please avoid approaching race officials with issues that can be resolved on your own or with your team. Officials are focused on ensuring the safety and smooth operation of the event—your cooperation helps everything run more efficiently for all participants.

CONNECT WITH FELLOW SUPPORTERS

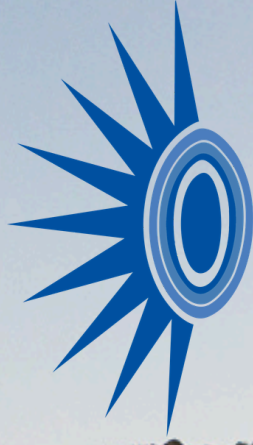
Take the opportunity to mingle, share stories, and make new friends—you're all here for the same reason: to support your teams and be part of an incredible adventure. This community is filled with like-minded people who understand the effort, excitement, and commitment that goes into the Trans Bavarians experience.



**WHEN THEY DOUBT THEMSELVES,
REMINDE THEM WHY THEY STARTED**

FINISH

Page 13



K O U G A
local municipality

Service Excellence through Good Governance

**"EVERY FINISH LINE CROSSED IS A VICTORY
SHARED, NOT JUST BY THE RIDER, BUT BY THOSE
WHO QUIETLY STOOD BEHIND THEM ALL THE
WAY."**





SUPPORTERS COMMITMENT

Being a Supporter – A Commitment, Not a Spectator

Supporters are an essential part of the Trans Baviaans experience, and choosing to take on this role should not be taken lightly.

Participating in the Trans Baviaans 24-Hour Mountain Bike Marathon as a supporter means acknowledging and understanding the following:

- Support is not the same as spectating.
- Only riders registered for support are permitted to receive assistance—and only in designated areas at checkpoint 5.
- By choosing to be a supporter, you commit to supporting your team, the event as a whole, and any rider who may require assistance.
- This may include tasks such as transporting a rider who has withdrawn from the race at checkpoint 5 to the Finish.
- In short: you are part of the event's operational ecosystem, not just there for your team, but for the broader rider community when needed.
- As a supporter, you agree to read, understand, and follow all rules and guidelines provided.
- Failure to comply with supporter rules may result in penalties or disqualification for your rider.
- Riders may report supporter misconduct—including unsafe or inconsiderate behaviour—to officials at any checkpoint or at the finish line.

Your presence, patience, and commitment make all the difference—because behind every strong rider is a dedicated supporter who helped them get there.

Greater Garden Route Eastern Cape

Jeffreys Bay • Greater St Francis • Gamtoos Valley

Cape St Francis | Oyster Bay | Hankey | Patensie | Loerie | Thornhill



Quad Biking -
Jeffreys Bay



Strawberry Picking -
Hankey



Lighthouse -
Cape St Francis



Horse Riding -
Jeffreys Bay &
Greater St Francis



Skydiving -
Jeffreys Bay



Stand-Up Paddling -
Jeffreys Bay &
Greater St Francis



Bergvenster -
Hankey



Supertubes -
Jeffreys Bay



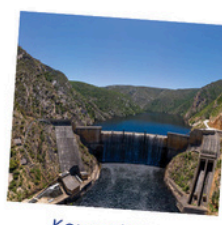
Shell Museum -
Jeffreys Bay



Game Drives -
Kouga



Beer, Gin & Rum Tasting
- Kouga



Kouga Dam -
Patensie



Hiking -
Kouga

Things To Do...

- Learn to Surf
- Visit the Surf Museum
- Scuba Diving
- Deep-Sea Fishing
- Beach Angling
- Stand-Up Paddle Boarding
- Kayaking
- Sandboarding
- Skateboarding
- Archery
- Cycling
- Enjoy Diverse Cuisines
- Supertube Waterslide
- Mini-Golf
- Hiking Trails
- Pottery Painting
- Walks on the Beach
- Picking up Seashells
- Kiddies Fishing
- Kiddies Art Classes

- Experience our Dairy Routes
- Game Drives
- Visit the old Gamtoos River Bridge
- Take a Selfie at the Tourism Combi
- Visit Bruce's Ocean Museum
- Humansdorp Museum
- Play Bowls
- Play Golf
- Calamari Tasting Route in St Francis
- Enjoy Boat-Based Whale Watching
- Fish in the Canals or Kromme River
- Book a Canal Cruise

- Cruise up the Kromme River
- Watch the Sunset from Sunset Rock
- Visit Seal Point Lighthouse
- Visit the Shipwreck Display
- Visit the Local Aquatics Centre
- Guided Bird, Fynbos and Wetland Walk
- Honey Tasting
- Dune Safari
- Experience a Luxury Dune Picnic
- 4x4 Trails
- Bird Watching
- Mountain Biking

.....AND MANY MORE
THINGS TO DO!!!



Padel -
Jeffreys Bay & St Francis



Paintball -
Jeffreys Bay



African Dawn -
Thornhill

KOUGA LOCAL MUNICIPALITY IS A PROUD SPONSOR OF THE TRANS BAVIAANS 24-HOUR MOUNTAIN BIKING MARATHON



SUPPORTER DIRECTIONS



! GPS NAVIGATION WARNING

When using a GPS, the default route may direct you onto the same road used by riders, which is not permitted for support vehicles.

To avoid this, please set your GPS route to **Hankey**, and then follow the official event directions (below) from Hankey to Checkpoint 5. This will ensure you remain on the correct, designated support route.

WAIT FOR YOUR TEAM

Support crews may not leave the checkpoint before their team arrives, unless proceeding directly to the finish.





DIRECTIONS: TO CHECKPOINT 5

Willowmore

Take the main road out of town heading towards **Uniondale**.

After Uniondale

15km after Uniondale, take the R62 Joubertina / N2 Humansdorp left turnoff (The Avontuur road through Uniondale is closed)

Avontuur

Continue driving for approximately **65 km** to reach **Joubertina**.

Joubertina

The town is on your right. Grab a coffee and refuel and then continue for about **45 km** to **Kareedouw**.

Kareedouw

Supporters' Bazaar: If you would like to visit the Supporters' Bazaar, turn right at the first stop street and follow the signs. Afterwards, return to the main road and turn right to continue.

Drive straight for **30 km** until you reach the **N2 highway**.

Turn **left** onto the N2, heading towards **Port Elizabeth / Humansdorp**.

N2 Highway

Take the **Humansdorp / Hankey exit** off the N2.

Turn **left** onto the **R330** towards **Hankey** and **Patensie**. **STAY ON THE TAR ROAD**

Hankey

You will arrive at **Hankey** after 25kms.

! GPS users

If you've been navigating to Hankey using GPS, please switch to following the official event directions from this point onward to ensure you stay on the correct support route.

Hankey

At the 4-way stop, turn **left** following the sign to **Patensie**. Continue on this road to Patensie.

Patensie

You will reach **Patensie** after 13.5kms.

Continue driving straight through town. Stay on this road for the approx 5 kms until you reach the Mimosa Farm (look for the farm sign). Please drive with caution, as riders will also be using this road.

Checkpoint 5

Turn left at the **Mimosa Farm sign** and follow the route arrows to Checkpoint 5. Upon arrival, please follow the directions of the marshals for parking.



DIRECTIONS:

TO THE FINISH

DIRECTIONS FROM CHECKPOINT 5 TO THE FINISH



Odometer

Reset your odometer to 0km at checkpoint 5

Checkpoint 5

Return to the main road by following the route arrows. At the main road, turn right and head back in the same direction you arrived from, following the road back toward Patensie.

Patensie

When you arrive in **Patensie**, continue straight through the town, following the main road towards Hankey for 13.5km.

After 13.5km

You'll reach **Hankey** again.
Continue along the main road.

Hankey

At the 4-way stop in Hankey (Main Street):

- Look for the sign pointing right to Humansdorp.
- Turn right and continue on this road for 38km.

N2 highway

You have reached the **N2 highway**.

Take the **left exit** toward **Port Elizabeth**, and continue on the N2 heading toward Jeffreys Bay.

Jeffrey's Bay Exit

Take the Jeffreys Bay exit, then turn right at the stop.
Continue straight toward Jeffreys Bay for 1km.

The Finish

You will see **Mentors Country Estate** on your left—this is the FINISH venue!



Parking

NO ENTRANCE AT MAIN GATE.

Supporters must use the second entrance, where you will be directed to park on the sports (rugby) field.

Mentors SINCE 2006

★★★ ACCOMMODATION ★★★ VENUE
COUNTRY ESTATE ~ JEFFREYS BAY

— OFFICIAL —

TRANS BAVIAANS

FINISH VENUE

Relax. Refuel. Recover.



Hot meals served throughout the day
Sunday Breakfast Buffet vouchers available



Lavazza Coffee, Cappuccino, Hot Chocolate, etc.



Hot showers, restrooms & bike wash available.



Bar open | Family-friendly seating around the fire



Kiosk open all day | Snacks, cold drinks, etc.



Safe & FREE parking

See you at the finish line!



Mentors Country Estate, Jeffreys Bay

KAREEDOUW BASAAR

SATURDAY

08 AUGUSTUS 2026

10H00 – 15H00



**Plaasbasaarprodukte, Kerrie en Rys;
SkaapAfval; Gebraaide Wors; sosaties en Roosterkoek,
Biltong & Droëwors.**

**Pannekoek, Basaarpoeding, Koffie & Tee
Wegneemetes! Stalletjies met verskeie produkte.
Skoon toilette, ruim en Veilige Parkering, pragtige
Kerkgebou (1906)**

Navrae: NEELS – 082 6528491/ NATASHA – 082 789 3301

GPS: -33.954013, 24.290180

IN LOVING MEMORY OF **ALEXANDER,**

TRANS BAVIAANS

'DIE TRANS BAVIAANS KIND'



24hr



230km

WHERE TEAM SPIRIT GETS A WHOLE NEW MEANING



There are some people whose presence is so special that even after they are gone, they continue to shape the journey of those they leave behind.

TRANS BAVIAANS



WHERE TEAM SPIRIT GETS A WHOLE NEW MEANING



EXPO EXHIBITORS:



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Email: team@ecobound.co.za

Photographers: Jacques Marais | Peter Kirk | Simon Pocock | Reblex | Mentz Germishuis